

KITCHEN MEASUREMENT CONVERSION CHART

1 tbs. = 3 tsp.

2 tbs. = $\frac{1}{8}$ cup

4 tbs. = $\frac{1}{4}$ cup

6 tbs. = $\frac{3}{8}$ cup

8 tbs. = $\frac{1}{2}$ cup

12 tbs. = $\frac{3}{4}$ cup

16 tbs. = 1 cup

48 tsp = 1 cup

8 fluid ounces = 1 cup

1 pint = 2 cups

1 quart = 2 pints

1 quart = 4 cups

1 gallon = 4 quarts

1 gallon = 16 cups

1 pound = 16 ounces
